



The **OEA Wellness Cadre** is a member-led group that mobilizes our health and wellness experts around the state and cultivates the individual talents of a diverse group of educators, building on valuable professional skillsets and creating accessible engaging opportunities to continuously improve support services for students and staff in all Ohio schools.



DECEMBER 21, 2022 AT 6PM-7PM

Cookie Decorating

Holiday Decorating Class Hosted by Kristina Newton from South-Western EA. Supplies list provided upon registration. Wear your “Ugly Sweater” and celebrate the holiday while learning to decorate cookies and more.



FEBRUARY 22, 2023 AT 6PM-7PM

Virtual Paint and Sip

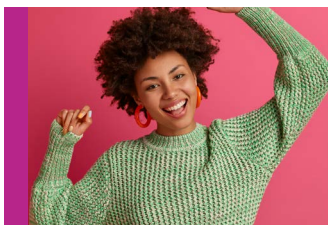
Grab a glass of wine or a mocktail and join us with CEA Art Teacher, Annelise Taggart, for some relaxing painting fun!



TBD – MARCH, 2023 AT 6PM-7PM

Legislative Round Table Discussion

Join the Wellness Cadre and staff from OEA Government Relations for a legislative roundtable discussion. Legislation, current topics related to social and emotional learning, and advocacy for wraparound services will be discussed. Members will learn about available resources and upcoming Wellness Wednesday events.



TBD – MAY, 2023 AT 6PM-7PM

Letting Go!! End of Year Event

Virtual scavenger hunt, Kahoot trivia, dance-off!

